

STOUGHTON CENTER FOR THE ARTS

INTERMEDIATE LEVEL

# BALLET BOOT CAMP

INSTRUCTED BY: CATHERINE BARTELS COGIL



Originally from Clinton, Iowa, Catherine began her dance training at the age of 3 under the direction of Linda Luckstead at Carousel School of Dance. At the age of 13 she became a soloist with the Gateway Contemporary Ballet Company performing as Alice in Alice in Wonderland,

Princess Aurora and the Diamond Fairy in Sleeping Beauty, and a step-sister in Cinderella.

She received a ballet scholarship from Fhinis Jhung and David Howard in NYC and attended Philadelphia College of Performing Arts.

Catherine was the owner and Artistic Director of Catherine's Center of Dance in Scottsdale, AZ from 1995-2009. She has choreographed for high school musicals and the "Make a Wish Ball". She is a guest choreographer for the Gateway Contemporary Ballet Company in Iowa and a member of the Chicago National Association of Dance Masters, where she holds a certificate of Dance Education.

She is the Ballet Department Director at Stoughton Center for the Performing Arts. For the last several years, she has set numerous award winning competition pieces on the SCPA Company dancers.

**2 Weeks – 6 Day  
Ballet Boot Camp**

**Week 1 Dates:**  
August 7, 8 & 9

**Week 2 Dates:**  
August 14, 15 & 16

\*If your dancer can't attend all 6 days and you are still interested in them attending please email for options.

**Intermediate Level  
Students**

Limited Space Available!

**Registration begins:**  
July 1, 2018

**Registration Deadline:**  
August 1, 2018

**Tuition:**  
\$270/dancer for all 6 days!

**Tentative Daily Schedule:**

4:00-7:00PM

Technique, Turns and  
Progressions, Variations,  
Floor and Barre Work



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